

FITNESS • ENRICHMENT • ARTS • ATHLETICS PORTSMOUTH RECREATION DEPARTMENT		PORTSMOUTH INDOOR POOL October 10-12, 2026 48 Andrew Jarvis Drive, Portsmouth, NH 03801 (603) 427-1546	
Columbus Day Weekend Hours			
SATURDAY		SUNDAY	Monday
Lap Swim - 6 (8:00-11:00 am)		Lap Swim - 6 (8:00-9:30am)	Pool Closed Columbus Day
Open Swim & Lap - 2 (11:00-2:00pm)		Open Swim & Lap - 2 (9:30-11:00am)	
Lap Swim - 6 (2:00-3:00pm)		Pool Closes at 11:00am	
No Group Swim Lessons			
Hours are subject to change.			
Parking Reminder		Portsmouth Indoor Pool strives to create a more inclusive, diverse, and welcoming environment for the community we serve. All are welcome here.	New to the pool?
Parking is available along the side of the building in spaces marked for the Indoor Pool (signed and stenciled). During school hours (7:30 am-3:30 pm), parking anywhere else may result in your vehicle being towed.			Create a MyRec account at portsmouthnh.myrec.com Click “Create New Account.”
Schedule Key	The number shown after each swim type indicates how many lanes are available.	For more complete program descriptions and registration information, please visit our website.	
Adult Lap Swim - Designed for those 18 & over to swim laps.		Vertical Exercise - Designed for exercise, physical therapy, aqua-jogging, etc., with ramp access.	
Lap Swim - Designed for those of any age to swim laps.		Open Swim - Designed for all ages, good for families and children to swim and play.	
Senior Swim - Designed for those 60 & over to swim, exercise and socialize. (4 lap lanes, 2 vertical exercise)		Children under 48" tall must be accompanied in the water by an adult, and each adult may accompany up to two children.	
www.portsmouthnh.gov/recreation/indoor			