

June 2026

PORTSMOUTH SENIOR ACTIVITY CENTER

PORTSMOUTH SENIOR NEWS

Programs & Activities for Ages 50 +

2026

Sock Hop Afternoon

Featuring

THE GEMSTONES

at the Senior Activity Center

FRIDAY, JUNE 26

5PM-7PM



Live music you can dance to!

Hors d'oeuvres & appetizers served with mocktails.

Photobooth, games & special surprise guests!

\$10 Resident | \$15 Nonresident Pay at Door

RSVP 603.610.4433.

FREE MEMBERSHIP ANNOUNCEMENT

Starting July 1, everyone will be assigned a key tag to scan-in to the Senior Activity Center. Help us count numbers and track attendance.

Did we mention - it's FREE!



Visit us! Open Mon-Fri 9am-5pm | Sat 9am-12pm
125 Cottage Street, Portsmouth, NH



LUNCH BUNCH - WED, JUNE 17, 12PM

Longhorn Steakhouse, 41 Gosling Rd, Newington

Wednesday, JUNE 17 at 12PM

Meet at the restaurant. Enjoy lunch together at a favorite local restaurant chosen by the group. Pay on your own.

RSVP Required: 603-610-4433

GRAB & GO --OR-- GRAB & STAY LUNCH

MONDAY, WEDNESDAY, FRIDAY = PICK UP FOOD

Grab & Go pick up inside kitchen 11am-11:30am

TUESDAYS & THURSDAYS = SIT AND ENJOY YOUR MEAL

RSVP Required; Your choice - hot or cold meal

Managed by our friends at Meals on Wheels.

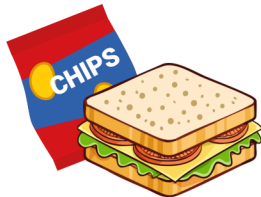
Menu available in kitchen.

If new, you **MUST** register with 3 business days-notice.

Call Wendy at 603-766-4448

Voluntary \$3.00 Suggested Donation

All Seniors Welcome to Participate!



SANDWICH & CHIPS MONDAYS

Mondays, 11:30am

Donations accepted, not necessary

Trying something new. Mini sandwich, bag of chips and a cookie. Potluck style from Michael's kitchen. Sandwiches will vary each week. Once it's gone, its gone. No RSVP necessary. Just show up.



SENIOR MOBILE FOOD MARKET - FREE

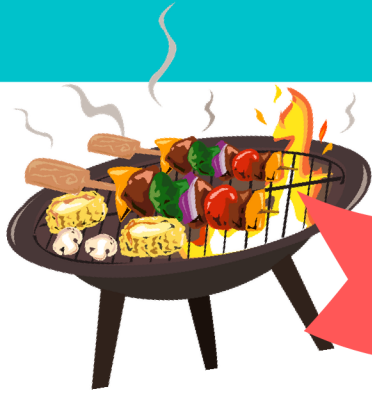
Mondays; June 8 & 22 at 2pm

Free produce and other perishable items available for pick up. **All free.**

A one-time simple & confidential registration form is needed to shop.

The Gather Mobile Market at the Senior Activity Center is designed to support seniors who may benefit from access to free, nutritious groceries. We welcome members who need a little extra support to join us! No RSVP, Just Show Up.

MARK YOUR CALENDAR!



SENIOR SUMMER COOKOUT LUAU STYLE

*Tropical Attire
Encouraged*

**THURSDAY, JULY 16
10AM SEATING | 11:30AM SERVING
AT COMMUNITY CAMPUS
100 CAMPUS DRIVE, PORTSMOUTH**

BURGERS &
HOT DOGS
(VEGGIE BURGERS
BY REQUEST)

TROPICAL
ATTIRE
ENCOURAGED

TEEN EXPLORER CAMPERS, REC STAFF &
CITY OFFICIALS SERVING LUNCH

\$7 RESIDENT | \$10 NONRESIDENT - PAY AT DOOR

RSVP: 603.610.4433
portsmouthnh.gov/recreation/senior



SUPPER CLUB

**Tuesday, June 16, 4:30PM seating, 5PM serving
at the Community Campus, 100 Campus Drive, Portsmouth
INSIDE THE GYM, PARK RIGHT IN FRONT**

JUNE 16: MENU:
Stuffed Shells
Garlic Bread
Veggie Medley
Cookies for Dessert

**Pay at the Door: \$10 Resident; \$15 Non-Resident.
RSVP REQUIRED for Supper Club = highly popular event**

PROGRAMS FOR JUNE 3-9

Basic Drawing classes with Chong Scott are ON SUMMER BREAK for June-August. Chong returns in September for classes.

HEALTHY HYDRATION AND NUTRITION: TIPS TO TAKE WITH YOU
Wednesday, June 3. 1pm
Facilitator: Wendy Jeffco, MS, RDN, LC Clinical Nutritionist

Ever wonder how small changes in what you drink and eat can make a big difference in how you feel? Wendy from Northeast Rehabilitation Hospital Network, explores the essential role of proper hydration and balanced nutrition in supporting overall health and recovery. She'll share practical, evidence-based insights drawn from her clinical experience. You'll walk away with simple, practical strategies to build healthy hydration habits and sustainable nutrition. FREE. 603.610.4433

GRANDPARENT/GRANDCHILD FOAM PARTY

Wednesday, June 3, 4-5:30pm

AT THE PORTSMOUTH SENIOR ACTIVITY CENTER

ANYONE WELCOME - YOU DON'T HAVE TO HAVE A GRANDCHILD



What is a FOAM party? A FUN interactive foam and bubbles party experience for ALL AGES. Sages Entertainment will be using foam producing equipment to create our micro-foam play area that will have adults and children laughing and playing like never before.

Cost: \$10 Per Family, pay at the door. **RSVP - 603.610.4433**

Share how many children are joining you.

Summer Soiree Community Dinner

at Gather's NEW Location: 124 Heritage Ave, Portsmouth

Tuesday, June 9, 3:30pm-5:30pm

FREE; RSVP REQUIRED 603.610.4433



A complimentary, seated three-course dinner prepared with love by Gather's Cooking 4 Community team. This is not a Senior Activity Center event. Drive on your own. SEATING LIMITED. **RSVP REQUIRED - nmfinitsis@portsmouthnh.gov**

PROGRAMS FOR JUNE 10-17

PELVIC FLOOR THERAPY: Therapy for Urinary Incontinence

Wed JUNE 10, 1pm

Facilitator: Madelyn Sumple, Saco Bay Physical Therapy

Do you pee when you sneeze? Are you urinating what seems like every hour? Is your sleep being interrupted by the urge to pee? If you answered yes to any of these questions, pelvic floor physical therapy is a perfect fit for you. Madelyn Sumple, Doctor of Physical Therapy and pelvic floor specialist, will speak on urinary/fecal incontinence, pelvic pain, urinary urgency, and urinary frequency. FREE

BANKING AND LIFE CHANGES

Tuesday, June 16, 1:30pm

Facilitator: Sean McCarthy, M&T Bank

M&T bankers will be available to answer any and all questions you might have about life changes that affect your financial situation. We'll help you navigate how to make changes to your accounts, what kind of paper work you might need and where to find helpful resources. FREE. RSVP 603.610.4433

PICTURE FRAMING, MAT CUTTING & USING WOOD PANELS

Friday, June 12, 1pm-3pm

Facilitator: Volunteer & Artist Deb McNelly

Want to display your artwork in the Senior Center's art shows? We'll demonstrate how to frame paintings using 4-piece metal frames and wooden frames and how to cut mats and foam boards using a mat cutter. Plus an explanation of how to display watercolor paintings on wood panels. A list of where to find materials and YouTube demos will be available. No materials needed. FREE. RSVP 603.610.4433

RAPTORS RULE AT THE SENIOR ACTIVITY CENTER WEDNESDAY, JUNE 17 3-4pm

Raptors RULE! Discover three local raptor species. Learn about their remarkable adaptations, conservation needs, and ways to be a responsible neighbor to these magnificent birds. FREE. Just Show Up!



PROGRAMS FOR JUNE 17-JULY 8



IPHONE/IPAD TIPS & TRICKS AD HOC Q&A

Wednesday June 24, 1pm

Facilitator: Deb Weil O'Day, Retired Techie

Bring your questions & concerns with your tech devices. Each class will go with the "speed" of the group. Come with your questions related to anything from email, apps, photos, and more. FREE. RSVP 603.610.4433

EARLY SIGNS: DEMENTIA AND COGNITIVE CHANGES

Tuesday, June 30, 1pm

Facilitator: David Young, Director Partnerships, D&C Home Care

Early signs of memory loss & how to plan ahead. Meant to help seniors and their families recognize early cognitive changes and understand what kinds of support can help them manage at home. FREE. RSVP 603.610.4433

GROW HEALTHY HABITS: NUTRITION, SAVINGS & MORE

Wednesday, July 8, 1pm

Facilitator: Olivia Papp, Licensed Health & Life Insurance Consultant

Engaging and interactive presentation focused on healthy living and smart grocery shopping. Strategies for shopping for nutritious foods on a budget. Special guest Naomi Andrick, a licensed nutritionist, will share valuable insight on key foods, balanced nutrition, and healthy eating habits for everyday life.

All participants will enjoy a fun hands-on herb planting activity – all materials will be provided! Come learn practical ways to eat well, save money, and take home your very own planted herbs. FREE 603.610.4433

PROGRAMS NOT TO MISS



PORTSMOUTH MUSIC & ARTS CENTER (PMAC) SHAW BROTHERS MUSIC SCHOLARSHIP FUNDRAISER MONTHLY CONCERT SERIES

Gary Cassidy & Pat O'Brien
Saturday, June 13, 2pm
at Senior Activity Center

Gary Cassidy is a singer and songwriter from central NH and plays a variety of folk, Americana, and original songs. Pat O'Brien is a singer/songwriter from southern NH, and plays a variety of folk, Irish, and original tunes.



Refreshments courtesy of the Edgewood Center.
Any Donation at the Door - Proceeds benefit scholarship fund.

SOCIAL SQUARE DANCE - RESTARTS IN JUNE

AT THE SENIOR ACTIVITY CENTER

Thursdays starting June 4 & June 11, 1-2:30pm
Your first class on one of these dates is FREE.

- No partner, no special clothing needed.
- Have fun and make new friends while exercising.
- Pre-registration encouraged 603-610-4433
- \$6 per class; paid to instructor



BAD PENNY PERFORMS SPECIAL EVENING SUMMER PARTY AT THE SENIOR ACTIVITY CENTER FRIDAY, JULY 17, 6PM-9PM



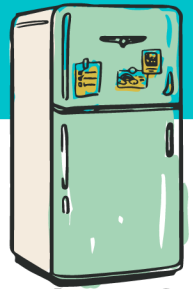
Party into the evening! Bad Penny is an energetic rock cover band offering a mix of great music from the 70's, 80's and 90's. York Center for Active Living will be joining us.

Pizza, Snacks, Refreshments and lots of fun times with friends.

\$5/Cover. Pay at the Door. RSVP 603.610.4433

KAREN ROSANIA OLIVETEAL ARTS

new!



Mosaic Heart Magnet

Wednesday, June 10, 1pm-3:30pm

Instructor: Karen Rosania, Owner Oliveteal Arts

Cost: \$10 Resident/\$15 Non-Resident Paid to instructor day of

Who doesn't need a beautiful, strong magnet for their fridge, dishwasher, door, locker, etc.? Come join the fun and make a mosaic magnet using stained-glass, unique beads and various metals. You will learn how to design, cut, glue a beautiful magnet to hold your shopping list, summer invites, grandkid's artwork. All materials included and you choose the color palette.



Please wear closed-toed shoes. No experience necessary. Class limited to 20 participants.

RSVP Required 603.610.4433

***Friendly reminder - Karen's classes often run on a waitlist. If you need to cancel, please call the Senior Center as soon as possible. Thank you!**

Portsmouth Senior Activity Center (PSAC)
proudly presents an exhibition of Seacoast artists celebrating
this show's theme:

"Spring into Art"
April 16th - July 9th

All mediums are accepted,
why not consider being a
contributor!!!

For More Details Contact:
Diane (dianestrading@gmail.com or
Mo (maureenoleary2@gmail.com)

ART SHOW - APRIL 16- JULY 9 'SPRING INTO ART' EXHIBIT THEME

SENIOR ACTIVITY CENTER
MON-FRI 9AM-5PM
SAT 9AM-12PM

**Some art available to purchase direct
from artist.
See artist info sheets in halls.**

Art Show Committee Contacts:

- **Diane** - dianestrading@gmail.com
- **Mo** - maureenoleary2@gmail.com

SUPPORT GROUPS & RESOURCES

DEMENTIA SUPPORT GROUP (TWO DAYS OF THE MONTH)

Thurs, June 11, 2PM - 3:30pm (Second Thursday of the Month)

Facilitator: Debbie Kroner, Monarch Care Partners

Open to any caregivers looking to share experiences and find support in a safe and inclusive environment. Free. Just show up.

Thurs, June 25, 2PM - 3:30pm (Fourth Thursday of the Month)

Facilitator: Debbie Kroner, Monarch Care Partners

Free. Just show up. NEED TO EDIT!!

New Beginnings Grief Group - Evenings

Tues, June 9 (Second Tuesday of the Month)

6:00pm-7:30pm at Senior Activity Center

Widow or widowers welcome. This group is really meant for those that have been through a structured support group or therapy beforehand. It is not for a newly grieving individual. Contact Kathy for more info katmandravelis@gmail.com. Free. Just show up.

DEATH OVER COFFEE

THURSDAY, JUNE 11, 10AM-11:30AM

Talk about the thing we all have in common over coffee with Laura Cleminson in this engaging morning event. FREE

IF INTERESTED, PLEASE SIGN-UP at the PRE-DEAD SOCIAL CLUB'S WEBSITE: www.predeadsocialclub.com/events

LOW VISION MONTHLY SUPPORT MEETING

Tuesday, June 9, 10:00am-11:00am (2nd Tuesday of the month)

Led by Volunteer Marilyn

Drop-In. Free

Open to anyone with any level of visual impairment.

A group for discussion, connection and well-being.

No registration required, just show up! FREE.



NILLA THE THERAPY DOG

Friday June 5 only this month, 12pm

About 40-45 minutes at Senior Activity Center

Our favorite friend, Nilla, is back, along with caretaker Karen. Nilla is a certified therapy dog and can help melt away stress with a few pats. FREE. Just show up.

MOVIE MATINEE FRIDAYS

Every Friday at 12:30pm - Free - Popcorn served



June 5: The Senior (2025) PG 1 hr. 39 min. Nearly four decades after being kicked off the team, Mike returns to his Alma Mater to take the hit that changed everything. Bruised, doubted and nearly broken, he fights for one last shot at the ending he still believes is possible. Starring: Michael Chiklis, Mary Stuart Masterson and Brandon Flynn.

June 12: Dirty Rotten Scoundrels (1988) PG 1 hr. 50 min. In this American comedy, two sophisticated con men operating in the French Riviera compete to swindle a wealthy tourist out of \$50,000. With this all-star comedic cast, you'll be laughing at their antics. Starring: Steve Martin, Michael Caine and Glenn Headly. **Make Up Showing from when network was out in May.**

June 19 - CLOSED FOR JUNETEENTH HOLIDAY

June 26: EPIC: Elvis Presley in Concert (2025) PG 13, 1hr 34 min. Elvis sings and tells his own story like never before in a cinematic experience from visionary filmmaker, Baz Luhrmann. This immersive blend of restored concert footage, rare archival film and Elvis's own voice recounts his life in electrifying performances from Las Vegas and beyond. Starring: Elvis Presley. **SEE YOU AT THE SOCK HOP TONIGHT!**

July 3 - CLOSED FOR 4th JULY HOLIDAY

July 10 - Independence Day (1996) PG 13, 2hr. 25 min. In this American Science Fiction film, the aliens are coming and their goal is to invade and destroy the Earth. Fighting superior technology, mankind's best weapon is the will to survive. Starring: Will Smith, Bill Pullman and Jeff Goldblum.



SENIOR ACTIVITY CENTER TRIPS



MINIMAL WALKING



AVERAGE WALKING



FREQUENT WALKING

JUNE 1 ALL TRIPS OPEN RESIDENTS; JUNE 8 NONRESIDENTS

Lavender Hill Farm, Berwick, Maine
Leaving Center 9:30am, return 2pm
Cost: \$35 Resident | \$40 NonResident

Two Dates to Choose from:

- **Thursday June 25**
- **Thursday July 2**

A day at Lavender Hill Farm in Berwick, Maine. This trip includes a walking tour of the farm, a Q&A with the farmer, meeting their friendly Christmas Tree ambassador sheep Milken, and refreshments. The lavender will be in bloom, and you will have the opportunity to pick your own lavender bundle which is included. You may purchase extra bundles on your own. A visit to the farm store will provide you with opportunities to purchase their lavender products. Pack your own picnic lunch and picnic in the pavilion or fields.



BINGO Lunch Cruise Aboard the Spirit of Boston
Thursday, August 20

Leaving the Center at 9:15am, return apx 4pm
Cost: \$110 Resident | \$115 Nonresident



You do have to walk .05 miles down the pier to the ship. Otherwise you are sitting.

Coach Bus

Enjoy the Boston skyline with a BINGO Lunch Cruise! Includes 2-hour Boston skyline cruise, 3 games of BINGO with prizes for winners, lunch buffet, DJ entertainment and games. Includes experiences, transportation and gratuities.

“Tails n Tunes” Foster’s with Marlena Philips

Traveling to: Foster’s Clambake, 5 Axholme Rd, York, Maine



Wednesday, August 12, Arrive by 11:30am

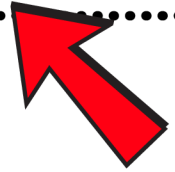
Cost: \$99 Per Person (Same price, on own driving)

Drive On Own

Enjoy a delicious lobster or chicken dinner with all of the fixin’s to go with it! After your meal is over, Marlena Phillips will entertain you with her many talents of singing and playing different instruments. From Jimmy Buffet to Whitney Houston and everything in between; this lady can sing! For a fun filled day of great food and entertainment, join us!

ROYAL TOURS DAY TRIPS OPENING JUNE 1 FOR RESIDENTS

ALL TRIPS HAVE INFORMATION FLYERS AT FRONT DESK OF SENIOR ACTIVITY CENTER. DON'T SIGN UP WITHOUT READING ALL DETAILS.



Mount Washington Luncheon Cruise & Kellerhaus

Traveling to: Weir's Beach, Laconia

Wednesday, August 19, 10:30am departure, 6pm return

Cost: \$151 Resident | \$161 Nonresident, all inclusive

Sixties Invasion at the Castleton, Windham, NH

Traveling to: Castleton Windham, NH

Wednesday, September 16, 10:30am departure, 4pm return

Cost: \$131 Resident | \$141 Nonresident, all inclusive



Red Apple Farm, Smith's Country Cheese & Inn at East Hill Farm

Traveling to: Troy, NH/Monadnock Region of NH

Thursday, September 24, 8am departure, 4:45pm return

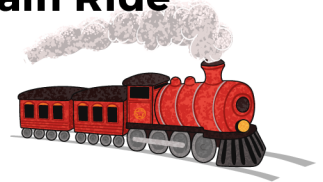
Cost: \$141 Resident | \$151 Nonresident, all inclusive

HOBO Railroad with Hart's Turkey Dinner Aboard Train Ride

Traveling to: Lincoln, NH

Friday, October 16, 9:30am departure, 4:30pm return

Cost: \$151 Resident | \$161 Nonresident, all inclusive



The Country Jamboree at Danversport Yacht Club

Traveling to: Danversport Yacht Club

Thursday, November 12, 10:30am departure, 4pm return

Cost: \$131 Resident | \$141 Nonresident, all inclusive

Magic of Christmas at the Portland Symphony

Traveling to: Portland, Maine

Friday, December 11, AM departure time TBA, 6pm return

Cost: \$141 Resident | \$151 Nonresident, all inclusive



RSVP to save your seat for these adventures or to learn more details. 603.610.4433

WEEKLY ONGOING PROGRAMS

***All first timers to the center, must register as a member at front desk.**

Yoga Stretch - 11:30am - \$5 Paid to Instructor, Diane Stradling

Scrabble - 1pm - Drop In - FREE

Mondays

Guided Meditation w/Jean - 10am - Drop In - FREE

Mah Jongg - American - 1pm Drop-In - FREE

Indoor Walking - 8am-10am - Drop-in - FREE

Tuesdays

Location: Community Campus Gym, 100 Campus Drive, Portsmouth

Chair Yoga - 10:15am - Drop-in - FREE - Instructor Tina Trevino

Poetry Group - 10am-11am - 1st & 3rd Tues; **June 2 & 16**- Drop-in - FREE - Facilitator Judy Mazel

Ease of Movement "Alexander Technique" - 11am - Drop-in - \$5 Donation - Instructor Anita Freeman

Mah Jongg - Chinese - 1pm Drop-In - FREE

Pinochle Card Game - 1pm Drop-In - FREE - Volunteer Steve Cole

Cardio Drumming - 2:30-3:15pm - \$5 - Instructor Gail Eaton

We provide the bucket and sticks. **You need to supply your own 55 or 65 cm yoga ball.** The Center will store buckets/sticks but your ball needs to come and go with you. Wear comfortable clothes and sneakers.

Veterans Coffee - 1pm - Drop-In - FREE

Wednesdays

All veterans welcome to this social activity to meet other veterans. Guest speakers at times. Goodies sponsored by our local Portsmouth DAR Chapter volunteers.

Mexican Train Dominoes - 1pm - Drop-In - FREE

WEEKLY ONGOING PROGRAMS

Qigong - 11am - Drop-In - FREE - Instructor Jeanne DeFlorio

Drop-In Art & Coloring- 12:30pm - FREE

Thursdays

Knitters (Yarn Works) - 12:30pm-2:30pm - FREE

Bring your knitting, crocheting, etc. This is a social based program, not a teaching program.

Chair Volleyball- 1-3pm - Drop-In - FREE - Volunteer Doug Olson

All abilities and similar to regular volleyball rules - only you remain seated and use a beach ball.

Book Club - 3pm Every other week; **6/11 & 6/25** - Drop-in

Tai Chi - 9:15am - Drop-in - FREE

Fridays

Exploring Mindfulness w/Jean - 11am - Drop-in - FREE

Cribbage- 1pm - Drop-In - All abilities - FREE

Canasta- 1pm - Drop-In - All abilities - FREE

Coffee Hour- 9am-12pm - Drop-In- FREE

Saturdays

Zumba Gold- 9am IN PERSON. Weekday Zoom Sessions. Drop-In
Give email address for schedule. FREE - Instructor Anna Howard



IMPORTANT ANNOUNCEMENT

Starting July 1, the monthly newsletter
will NOT be sent in regular mail.



The newsletter can be emailed to you. If you want to be added to email list, please email cmdenault@portsmouthnh.gov

Newsletters can be found online:

<https://www.portsmouthnh.gov/recreation/senior>

Newsletters can also be picked up at the Senior Activity Center. Can't get there right away? Ask a friend to grab you one!

WEEKLY ONGOING PROGRAMS

The Senior Activity Center is not open on Sundays for programming but is open for rentals. The Yoga programs below provided by the instructor, therefore have suggested fees.

Sundays

'YOGA FOR HUMANS' - YOGA ON A MAT

9am - Drop-In - Donation of \$15 - Instructor Duane Allison

'YOGA FOR HUMANS' - CHAIR YOGA

10:30am - Drop-In - Donation of \$15 - For either Yoga class, don't let donation keep you from coming. Newcomers welcome.

MONTHLY PROGRAMS

Senior Activity Center Stitches with Seacoast Sweet Stitches Sat, **June 6**, 10AM-12PM; **FIRST SATURDAY OF THE MONTH**

Crafting & community program. Seacoast Sweet Stitches is an ongoing group made up of people who knit, crochet, sew, etc. No experience necessary. All ages and abilities welcome. Need supplies?

Email Abby at scliab2@comcast.net. FREE. Just Drop In!



Sound Bath with Bloom

By Healing & Pawsitive Vibes Healing

Saturday, **June 13**. 10:30AM

Meditative experience designed to help you unwind, reconnect, and embrace your life with renewed peace. Meditation bowls and relaxing music are played. Bring what you need to be cozy, dress comfortably. Sitting in chairs. **Suggested Donation \$10 per person**. RSVP 603.610.4433

The Power of Touch = Reiki Second & Fourth Tuesdays (Circle)

Tuesdays; June 9 & 23

Facilitator: Mary Schwoerer, Reiki Master Teacher

- 1-1:20PM - Reiki Practitioners Meet
- **1:30PM to 2:30PM- Reiki attendees receive Reiki**



Join skilled practitioners for an hour of gentle energy healing and breath exercises. Reiki is non-invasive and powerful. Just show up.

You can always find the newsletter online:
<https://www.portsmouthnh.gov/recreation/senior>



QUILTS OF VALOR SEWING DAY
Wed, June 24, 9AM-3PM

What is a Quilt of Valor? A quality handmade quilt that is machine or hand quilted. It is awarded to a Service Member or Veteran who has been touched by war. Anyone is welcome to join the Sew Day. Pattern and fabric to be provided; supply list given upon registration. Register with Colleen Martin, QOV Volunteer - colleen.satchels@gmail.com or 603.828.5071. FREE

SENIOR ACTIVITY CENTER
CLOSED FOR THE FOLLOWING HOLIDAYS

CLOSED:

Friday, June 19 - Juneteenth

Saturday July 4- Fourth of July

JUNE
TEENTH



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SPRING 2026

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New Hampshire State Treasury Unclaimed Property Division

www.findNHmoney.gov

Did you know that the New Hampshire State Treasury has millions of dollars in abandoned property waiting to be claimed?

It could be an old bank account, forgotten stock, proceeds from an insurance policy, or uncashed checks.

Call our office at **603-271-2619** or visit findNHmoney.gov to search for your unclaimed property.

This service is provided free of charge by the New Hampshire State Treasury. There is no cost to file a claim.



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