

FITNESS · ENRICHMENT · ARTS · ATHLETICS

PORTSMOUTH

RECREATION DEPARTMENT

PORTSMOUTH INDOOR POOL

May 23 - 25, 2026

48 Andrew Jarvis Drive, Portsmouth, NH 03801
(603) 427-1546

Memorial Day Weekend Hours

SATURDAY	SUNDAY	Monday
Lap Swim - 6 (8:00-11:00 am)	Lap Swim - 6 (8:00-11:00 am)	Pool Closed Memorial Day
Open Swim & Lap - 2 (11:00-2:00pm)	Open Swim & Lap - 2 (11:00-2:00pm)	
Lap Swim - 6 (2:00-3:00pm)	Lap Swim - 6 (2:00-3:00pm)	

No Group Swim Lessons

Hours are subject to change.

Parking Reminder		New to the pool?
Parking is available along the side of the building in spaces marked for the Indoor Pool (signed and stenciled). During school hours (7:30 am-3:30 pm), parking anywhere else may result in your vehicle being towed.	Portsmouth Indoor Pool strives to create a more inclusive, diverse, and welcoming environment for the community we serve. All are welcome here.	Create a MyRec account at portsmouthnh.myrec.com Click "Create New Account."

Schedule Key	The number shown after each swim type indicates how many lanes are available.	For more complete program descriptions and registration information, please visit our website.
Adult Lap Swim - Designed for those 18 & over to swim laps.		Vertical Exercise - Designed for exercise, physical therapy, aqua-jogging, etc., with ramp access.
Lap Swim - Designed for those of any age to swim laps.		Open Swim - Designed for all ages, good for families and children to swim and play.
Senior Swim - Designed for those 60 & over to swim, exercise and socialize. (4 lap lanes, 2 vertical exercise)		Children under 48" tall must be accompanied in the water by an adult, and each adult may accompany up to two children.

www.portsmouthnh.gov/recreation/indoor