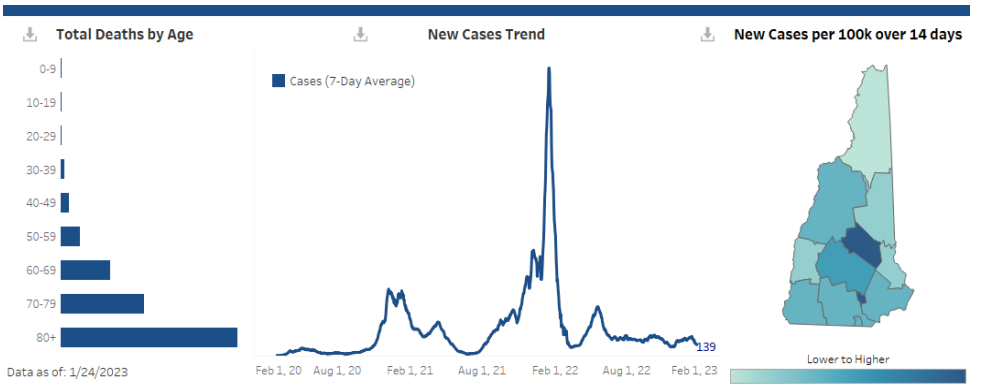
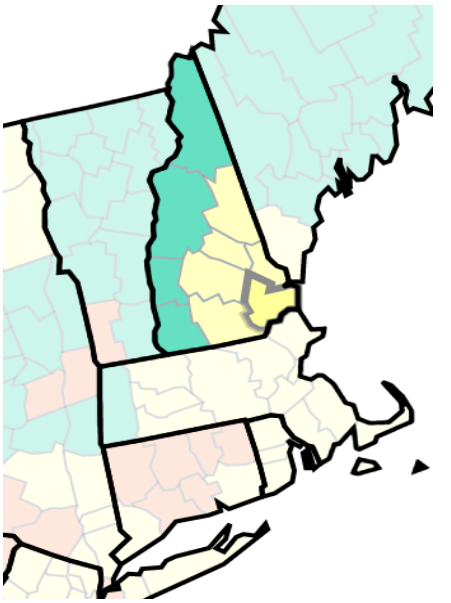
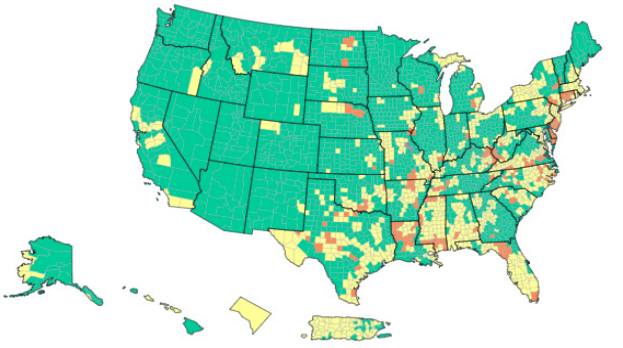
HEALTH BULLETIN BOARD 1/25/23



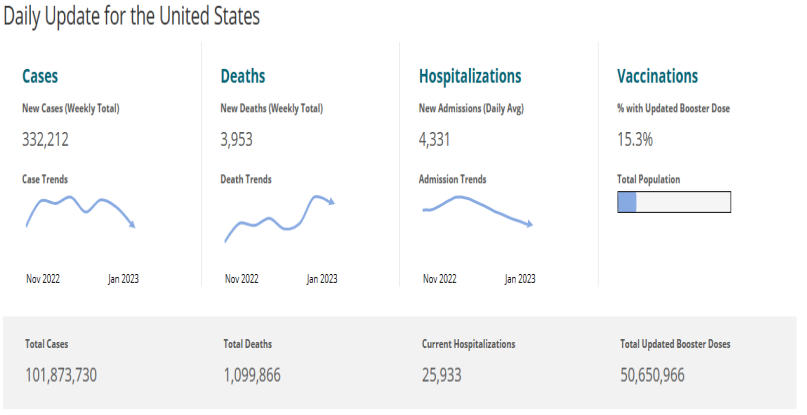


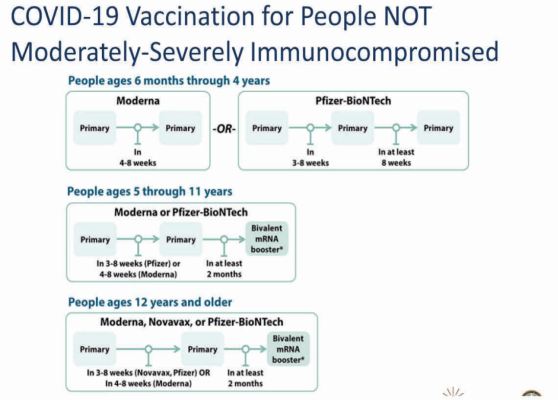
NHDHHS is reporting a 31% decrease in the number of cases for the 7 days ending January 25 compared to the previous 7 days. https://www.covid19.nh.gov/ CDC is classifying BELKNAP CARROLL, MERRIMACK, HILLSBOROUGH, STRAFFORD AND ROCKINGHAM COUNTY, as well as most of MASSACHUSETTS AS "MEDIUM RISK." (Maps at right.) Go to: https://tinyurl.com/3u9c5nx

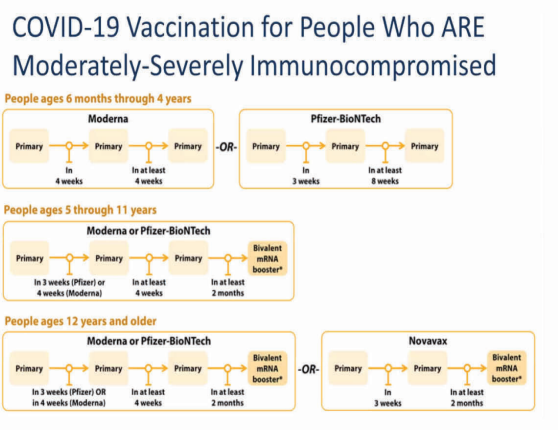
NH DHHS AND CDC RECOMMEND EVERYONE OVER 6 MONTHS RECEIVE COVID-19 BOOSTER VACCINES – On the NH DHHS's Dr. Chan noted that cases of COVID-19 are driven by the low uptake in boosters designed to addresse recent variants AND because many months have passed for those who received the primary vaccine series whose effectiveness decreases over time. Go to Vacicnation FAQs: https://www.cityofportsmouth.com/city-manager/vaccination-faqs



NHDHHS ALSO RECOMMENDS this season's FLU shots for everyone. The forumilation is proving effective against this year's strains and protective for all who have had limited exposure to flu over the past years of the pandemic.







ATTENTION MOOSE AND DEER HUNTERS -- Also on the Jan 12 call, NH DHHS discuseed two extremely rare cases of Echinococcus granularis in humans in NH -- both contracted by North Country moose hunters who dressed their own meat and had dogs. The tapeworm that causes cysts to develop in the lungs can only be contracted by dogs who eat the raw cervid meat of infected animals. But dogs can transfer the live tapeworm eggs to humans via excrement that might get on hands or vegetation the human then ingests. NH DHHS recommends making sure dogs don't scavenge deer, elk or moose carcasses, particularly in the northern counties, but generally.