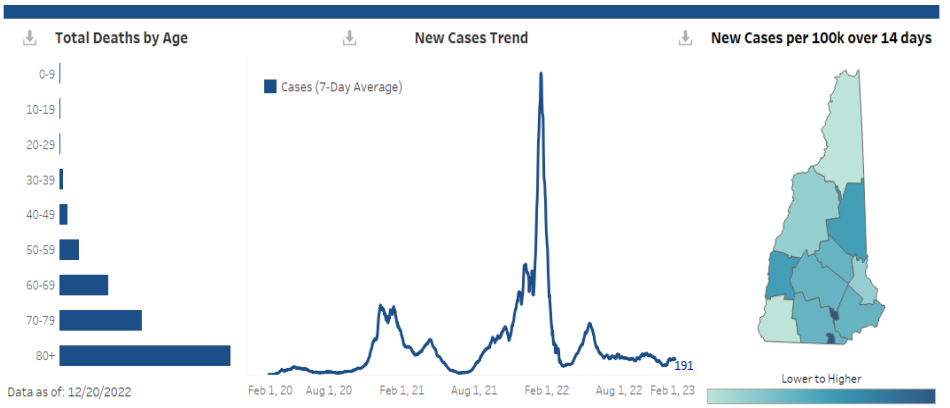
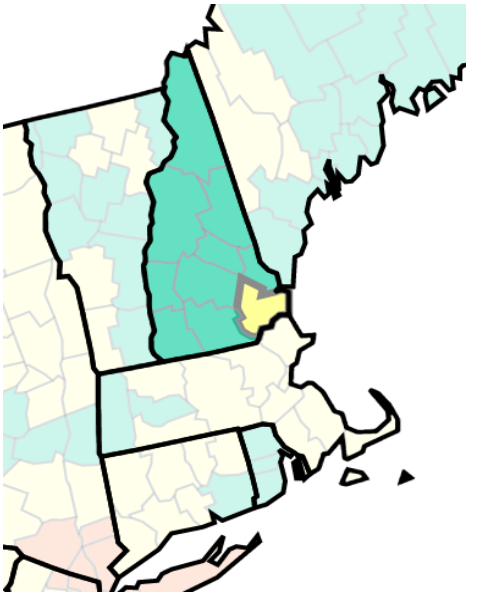
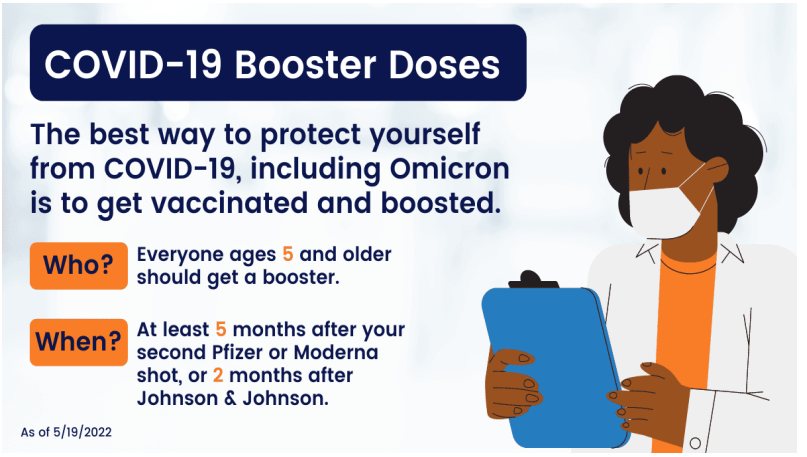
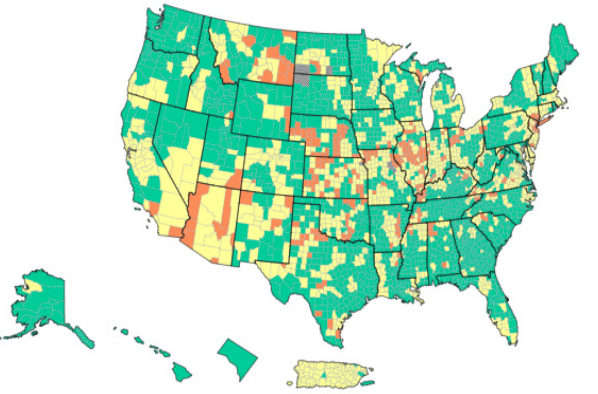
HEALTH BULLETIN BOARD 12/21/22



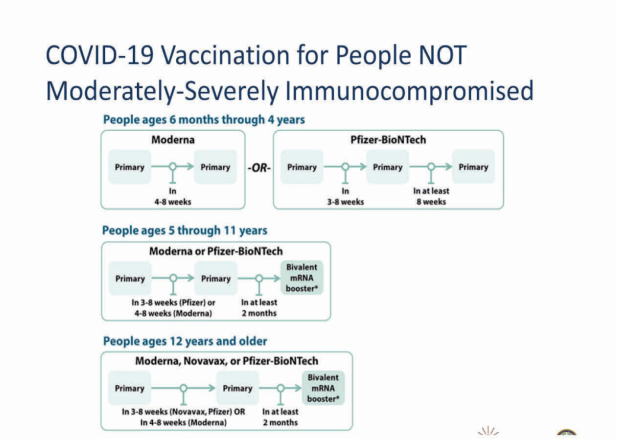


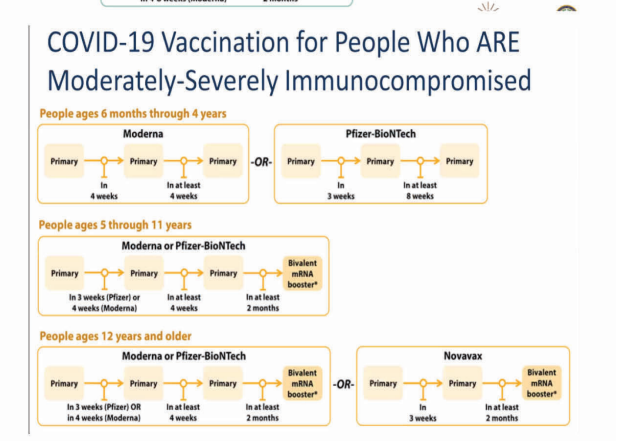
NHDHHS is reporting a 2% INcrease in the number of cases for the 7 days ending December 20compared to the previous 7 days. https://www.covid19.nh.gov/
CDC is classifying ROCKINGHAM COUNTY AND MOST OF MASSACHUSETTS ARE LISTED AS "MEDIUM RISK." (Maps at right.) Go to: https://tinyurl.com/3u9c5nx9





NH DHHS AND CDC RECOMMEND EVERYONE OVER 5 RECEIVE FALL COVID-19 BOOSTER VACCINES – The CDC has approved the FDA EUA for a modified booster Pfizer vaccine for age 5+ and one from Moderna for 6+ that combine protection against the original strain PLUS protection against Omciron BA.4/BA.5 now circulating. Go to UPDATED booster FAQs: https://www.cityofportsmouth.com/city-manager/vaccination-faqs
COVID-19 BOOSTERS: MORE SITES AVAILABLE! Find the new booster by going to the interactive map at https://www.vaccines.gov/search/
VACCINE CLINIC scheduled for January 18, 2023 at the Senior Activity Center in Portsmouth (125 Cottage Street) from 9 am to 3 pm. Pfizer and Moderna boosters as well as initial series and vaccines for children available.





SURGES IN FLU AND RSV AFFECTING SENIORS --For most healthy people, RSV, or respiratory syncytial virus, is a coldlike nuisance. But for the very young, the elderly and people with certain health problems, it can be serious, even life-threatening. The virus can infect deep in the lungs, causing pneumonia, and in babies it can impede breathing by infl aming tiny airways Several companies are creating RSV vaccines but Pfi zer and rival GSK are furthest along. Both companies plan to seek regulatory approval in the U.S. by the end of the year, as well as in other countries. **NHDHHS RECOMMENDS this season's FLU shots for everyone. The forumilation is proving effective against this year's strains and protective for all who have had limited exposure to flu over the past years of the pandemic.**