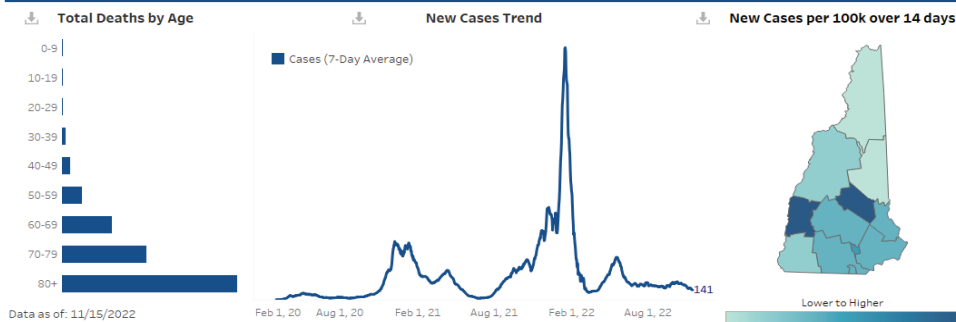
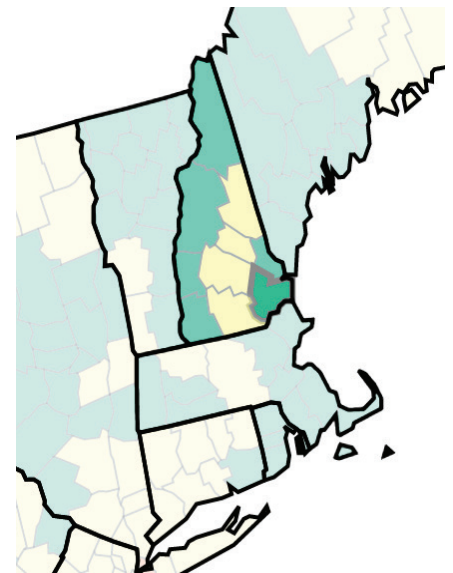


HEALTH BULLETIN BOARD 11/16/22



NHDHHS is reporting a 16% decrease in the number of cases for the 7 days ending November 15 compared to the previous 7 days. CDC is classifying ROCKINGHAM, STRAFFORD, CHESHIRE, SULLIVAN, GRAFTON AND COOS COUNTIES as “LOW RISK.” CARROLL, BELKNAP, MERRIMACK AND HILLSBOROUGH AS “MEDIUM RISK” (Maps at right.) Go to: <https://tinyurl.com/3u9c5nx9>



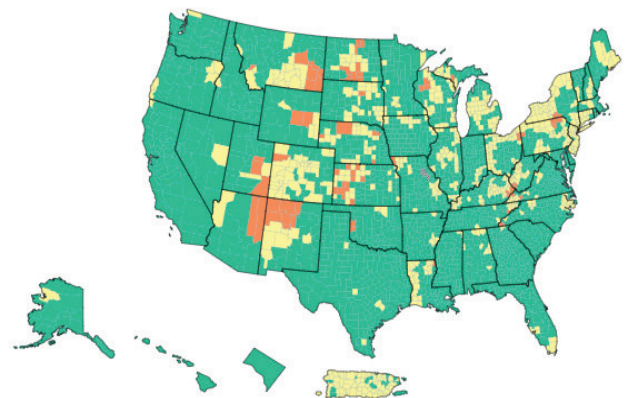
COVID-19 Booster Doses

The best way to protect yourself from COVID-19, including Omicron is to get vaccinated and boosted.

Who? Everyone ages 5 and older should get a booster.

When? At least 5 months after your second Pfizer or Moderna shot, or 2 months after Johnson & Johnson.

As of 5/19/2022

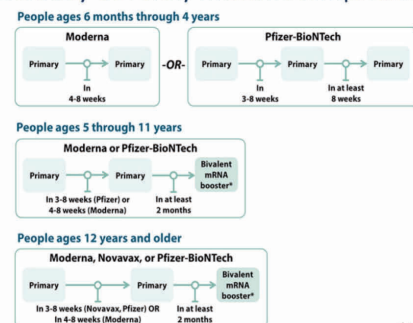


NH DHHS AND CDC RECOMMEND EVERYONE OVER 5 RECEIVE FALL COVID-19 BOOSTER VACCINES – The CDC has approved the FDA EUA for a modified booster Pfizer vaccine for age 5+ and one from Moderna for 6+ that combine protection against the original strain PLUS protection against Omicron BA.4/BA.5 now circulating. Go to **UPDATED booster FAQs**: <https://www.cityofportsmouth.com/city-manager/vaccination-faqs>

COVID-19 BOOSTERS: MORE SITES AVAILABLE! Find the new booster by going to the interactive map at <https://www.vaccines.gov/search/>

EARLY SURGE IN RSV AFFECTING INFANTS AND SENIORS --For most healthy people, RSV, or respiratory syncytial virus, is a coldlike nuisance. But for the very young, the elderly and people with certain health problems, it can be serious, even life-threatening. The virus can infect deep in the lungs, causing pneumonia, and in babies it can impede breathing by inflaming tiny airways. Several companies are creating RSV vaccines but Pfizer and rival GSK are furthest along. Both companies recently reported final-stage testing in older adults. The competing vaccines are made somewhat differently but each proved strongly effective, especially against serious disease. Both companies plan to seek regulatory approval in the U.S. by the end of the year, as well as in other countries.

COVID-19 Vaccination for People NOT Moderately-Severely Immunocompromised



COVID-19 Vaccination for People Who ARE Moderately-Severely Immunocompromised

