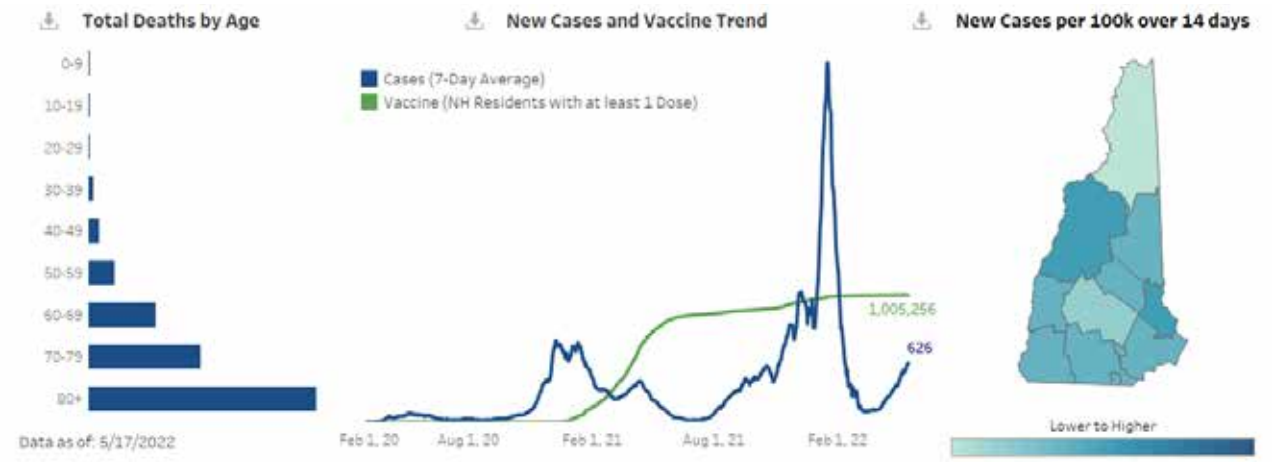
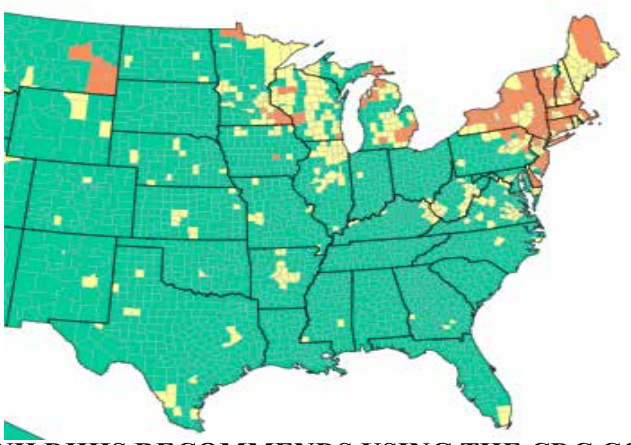
# COVID-19 BULLETIN BOARD 5/18/22



COVID-19 Community Levels – Use the Highest Level that Applies to Your Community

| New COVID-19 Cases Per 100,000 people in the past 7 days | Indicators | Low | Medium | High |
|---|---|---|---|---|
| Fewer than 200 | New COVID-19 admissions per 100,000 population (7-day total) | <10.0 | 10.0-19.9 | ≥20.0 |
| | Percent of staffed inpatient beds occupied by COVID-19 patients (7-day average) | <10.0% | 10.0-14.9% | ≥15.0% |
| 200 or more | New COVID-19 admissions per 100,000 population (7-day total) | NA | <10.0 | ≥10.0 |
| | Percent of staffed inpatient beds occupied by COVID-19 patients (7-day average) | NA | <10.0% | ≥10.0% |

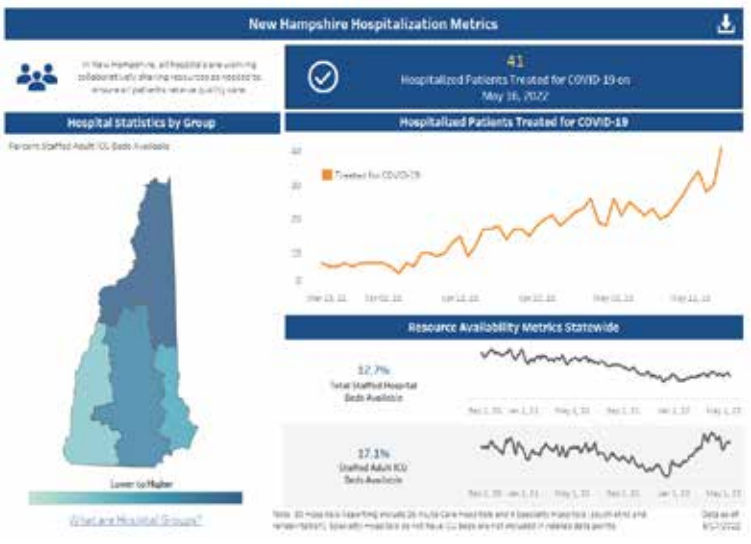
**NH DHHS RECOMMENDS USING THE CDC COMMUNITY RISK LEVEL INTERACTIVE TOOL**
**https://www.cdc.gov/coronavirus/2019-ncov/science/community-levels.html**

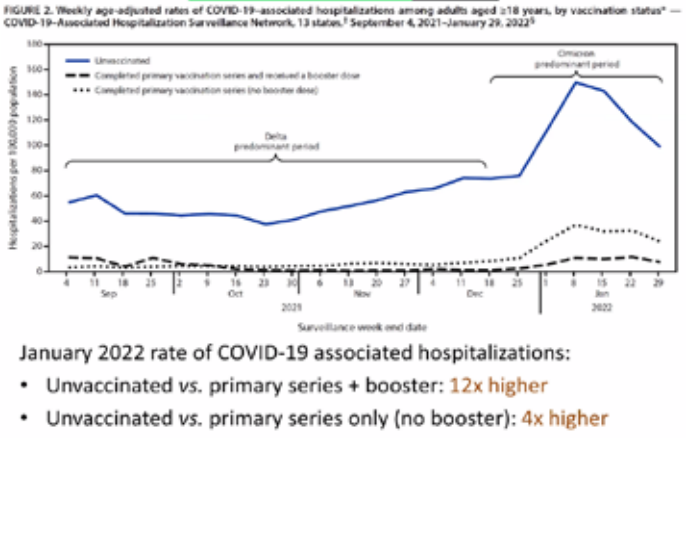
**To determine the COVID-19 community level (map above is updated every Thursday), CDC looks at the combination of three metrics:**

**1. New COVID-19 hospital admissions per 100,000 population in the past 7 days**
**2. The percent of staffed inpatient beds occupied by COVID-19 patients**
**3. Total new COVID-19 cases per 100,000 population in the past 7 days**

**When deciding your risk-avoidance strategies,**
**keep in mind the risk you may pose to those who cannot be vaccinated.**

**Being up-to-date with COVID-19 vaccinations is the best way to avoid serious illness and hospitalization from the disease. Studies show the vaccines are effective against variants including Omicron B2.**




**For answers to Frequently Asked Questions about Daily Life in a COVID-19 World, visit:**
**https://www.cityofportsmouth.com/city/daily-life-during-covid-19-faqs**